

LUNCH Specials

11AM - 4PM MONDAY - FRIDAY

Any of our sandwiches can be made into a wrap by substituting a flour tortilla for the bread. All Sandwiches / Wraps are served with choice of side. **Hubcaps** add 99¢

6.49

GRILLED BLT

Bacon, lettuce and tomato on Texas toast...Duh!

GRILLED CHEESE

Cheddar cheese, sliced pear and bacon on Texas toast.

7.49

BBQ PULLED PORKY

Slow roasted pulled pork on a Kaiser roll.

BBQ PULLED SEITAN (Ve)

Same as the pulled pork, without the pig. On multigrain vegan bread.

TILAPIA TACO

One pan fried tilapia soft taco filled with squash, zucchini and red peppers in a slightly twangy sauce. Served with black beans and rice. Lucky's favorite.

TILAPIA FISH SANDWICH

Pan seared Cajun seasoned with chipotle ranch on the side, or pan seared with Bar-B-Q sauce served on a buttered Kaiser roll.

MARINATED VEGETABLE & TOFU BURRITO (Ve)

Keepin Bessy alive for another week! Organic tofu and vegetables marinated in BBQ sauce, wood grilled then wrapped with rice, black beans and cabbage.

MARINATED VEGETABLE & TOFU SKEWER (Ve)

One skewer served with vegetable of the day.

POTATO TACO (V)

Seasoned and smashed potatoes, red and green peppers, grape tomatoes, shredded cabbage and a jack cheese mixture in a flour tortilla. Served with pico de gallo, sour cream, rice and beans.

8.49

WOOD GRILLED CHICKEN BURRITO

Grilled chicken, rice, cabbage, pico de gallo and black beans. Served with sour cream on the side.

Add Guacamole - 99¢

PINEAPPLE CHICKEN WRAP

Wood grilled chicken breast served in a flour tortilla and smothered in a homemade hot sauce, pineapple salsa and Swiss cheese.

BEEF BBQ

Spice rubbed, slow roasted, chopped BBQ beef. Served on a toasted buttered onion Kaiser roll.

GRILLED PORTABELLA REUBEN (V)

Grilled portabella, sauerkraut, Thousand Island, shoestring fries and melted Swiss on toasted, thick-sliced marble rye.

AVOCADO CLUB (Ve)

Thick sliced avocado, sweet mustard sauce, jalapeños, cucumber, lettuce, tomato and onion between sliced vegan multigrain bread.

CHICKEN SALAD SANDWICH

Chicken, roasted onion, mayonnaise, sunflower seeds, pear and grapes on multigrain bread. Served with lettuce and tomato.

SOUTH SIDE REUBEN

Corned beef, sauerkraut, Thousand Island, French fries and melted Swiss cheese on toasted, thick-sliced marble rye.

SHRIMP BURRITO

Sauteed shrimp, rice, cabbage and black beans. Served with sour cream and pico de gallo on the side. "Ain't that feel real good in yer mouth!"
Add Guacamole - 99¢

LUNCH SIDES

FRESH CUT FRENCH FRIES - 1.99

VEGAN SHOESTRING FRIES (Ve) - 1.99

HUBCAP POTATOES
Garlic & herb potato "discs" - 2.99

CARAMELIZED ONION & CILANTRO RICE (WF) (Ve) - 1.99

VEGETABLE (WF) (Ve) - 1.99

CREAMY CHERRY COLE SLAW (WF) (V) - 1.99

GARLIC VINEGAR COLE SLAW (WF) (Ve) - 1.99

FRUIT CUP (Ve) (WF) - 1.99

CORN BREAD (V) - 1.99